



Lenbrook

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Lenbrook Health Services. The right prescription for peace of mind. ^[1]

Nothing feels better than knowing that your whole community was designed to make sure you feel your best. Welcome to Lenbrook. This premier senior community has built-in a wide range of first-rate healthcare services if you need them. Lenbrook is Atlanta's first and only life plan community to achieve national accreditation by CARF ^[2]. This means the community has passed rigorous inspections to receive a coveted designation of excellence. Lenbrook has also been Medicare-certified, another mark of quality and one that allows residents to draw upon their Medicare benefits when using Lenbrook health services.

The comprehensive range of healthcare services offers residents peace of mind knowing that they always have the on-site resources, guidance and support of the staff, to live their optimal and most independent life possible. And a life that's extremely convenient and filled with choices. Lenbrook residents have a full continuum of care, so they will never have to move to another community if their healthcare needs change. They have priority access to the outstanding Health Care Center or they can have personal care provided in their own homes.

Lenbrook has a unique, proactive, person-centered healthcare philosophy that promises no matter where a resident resides in the community, they will experience exceptional care and the best possible quality of life. The highly-trained and professional staff can assist families by evaluating options and offering guidance to make informed choices and manage change. And it is all done with the utmost compassion and care.

On-site health services at Lenbrook are designed to meet your needs and they are all found under one roof:

- The Clinic ^[3] is the Wellness Resource Center and provides minor care, health education and support.
- Assisted Living suites ^[4] are beautiful, well-appointed and offer supportive services to residents.
- The Health Care Center ^[5] spans three whole floors and includes Long-Term Care, Memory Care and Rehabilitation Services, each staffed by experienced professionals.
- Home Care and Assistance ^[6] by *Menders by Lenbrook* provides in-home personal care and assistance including daily living support, companion services and short-term relief for

primary caregivers.

And each Lenbrook resident has the comfort of knowing, if he or she has any temporary or unexpected healthcare needs, there is a valuable benefit of up to 60 days in the Health Care Center each calendar year. It's just one more way; Lenbrook takes care of its residents in every situation, every day.

Commonly asked questions about Lenbrook's Health Clinic:

Q: Do I pay each time I visit the Health Clinic?

A: There are no additional charges for your Clinic visits unless you require an outside professional or require specific supplies. In that case, the services rendered are billed to the appropriate source, which may include Medicare or private insurance.

Q: What is the certification of the medical staff in the Health Care Center?

A: Lenbrook employs Certified Nursing Assistants, Licensed Practical Nurses and Registered Nurses.

Q: Is there a doctor on staff?

A: Lenbrook employs a Medical Director who oversees health care operations and quality of care for the skilled nursing center and its residents. Lenbrook does not employ a primary care physician, but the Clinic staff can refer you to a provider who meets your needs.

Commonly asked questions about the Assisted Living Suites:

Q: Am I responsible for cleaning my suite?

A: Weekly housekeeping and linen service is provided as part of the monthly fee.

Q: Do I get to take advantage of Lenbrook resources and activities?

A: Absolutely. You are part of the community. You have access to the state-of-the-art fitness equipment, the pool and the whole Fitness Center, as well as all activities.

Q: What if I need transportation to see a doctor outside of Lenbrook?

A: Transportation is available for a fee.

Commonly asked questions about Lenbrook's Health Care Center:

Q: Are all Health Care Center rooms private?

A: Lenbrook offers both private and semi-private rooms.

Q: How big are the rooms?

A: Rooms vary in size and layout, but all are spacious and comfortable, with a private bathroom and a private closet.

Q: What kind of furniture is provided?

A: Rooms may be personalized. You can bring in your own furniture (excluding beds) or use the furniture provided which includes a dresser, nightstand, chair, adjustable bed and mobile table.

Q: Where are meals served?

A: Residents are encouraged to join others in the floor's dining area, although meals can be brought into the private rooms. There is also a common area for visiting, reading, board games, etc.

Q: Are there restricted visiting hours?

A: No, but we ask that visitors be considerate for the resident and honor the needs of others to have privacy and silence.

Q: Can my personal doctor provide care in the Health Care Center?

A: Yes. However, physicians must meet credentialing and regulatory requirements. Typically, residents select among the doctors already available to oversee care in the Health Care Center.

Q: What kind of memory loss can be accommodated?

A: Lenbrook accommodates varying degrees of memory impairment, always with loving care. Each resident will be individually assessed to make sure needs will be successfully met.

Q: What measures are taken to make sure memory loss residents do not unsafely wander?

A: The Memory Care floor is highly secure and constantly supervised. Staff, visitors and guests must enter a keypad code to exit the area.

Q: Will my health insurance cover my rehabilitation at Lenbrook?

A: Since every policy is different, Lenbrook will work with you to determine your specific coverage, including any Medicare benefits you may have.

Q: Would "inpatient rehabilitation" be provided in my Lenbrook home or in the Health Care Center?

A: You will reside in the Health Care Center for a short-term stay while receiving inpatient rehabilitation. You will then make a seamless transition back to your home with all necessary professionals informed about your needs. You will continue to receive rehabilitation, if needed, in the health care center and/or the Lenbrook fitness center.

Q: How would my Lenbrook-based therapist connect with my personal doctor?

A: Typically, the therapist will connect with your doctor by phone. Your doctor will be continually updated of your progress.

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Links

[1] <https://lenbrook-atlanta.org/lifestyle/health-services>

[2] <https://lenbrook-atlanta.org/about/accreditation>

[3] <https://lenbrook-atlanta.org/lifestyle/health-services/clinic>

[4] <https://lenbrook-atlanta.org/lifestyle/health-services/assisted-living-suites>

[5] <https://lenbrook-atlanta.org/lifestyle/health-services/health-center>

[6] <https://www.mendersbylenbrook.com>