

## Who we are.

Lenbrook Spiritual Wellness is led by two full-time, on-site chaplains working in tandem with community clergy and other leaders representing multiple faiths, beliefs, and traditions. We welcome the opportunity to support people from all walks of life. Our partnerships are dynamic, growing and changing alongside our diverse community.



## Contact us.

### Spiritual Wellness Team

You may contact a Chaplain by calling the Spiritual Wellness Line.

#### Direct Line:

470-657-2177, ext. 2177



Lenbrook

3747 Peachtree Road NE  
Atlanta, GA 30319  
Tel. 404-264-3386  
[lenbrook-atlanta.org](http://lenbrook-atlanta.org)



© 2023 Lenbrook.

Follow us! @lenbrookatlanta

# Lenbrook Spiritual Wellness



*Guidance.  
Meaning.  
Purpose.  
Connection.*



Lenbrook

## What is Spiritual Wellness?

At Lenbrook, we recognize that spiritual wellness is essential to the health of our entire community. Regardless of your faith or beliefs, the experience of seeking meaning and purpose is a universal and powerful component of identity and wellbeing.

*“Lenbrook’s chaplains and spiritual wellness programs connect me to my inner strength. When I struggle, they help hold me up. And, when I’m celebrating, they amplify my joy.”*

– **Lewis D.  
Lenbrook Resident**

The Lenbrook Spiritual Wellness team works closely with our LIVE (Lenbrook Individuals are Vital & Engaged) supportive services team to provide a full continuum of spiritual assistance and social services support. Sensitivity, respect and inclusiveness always guide our efforts to serve this community.

## How we support our community.

Our team of on-site chaplains and Atlanta community clergy are here to accompany and support Lenbrook Residents, family members and associates in many ways, including:

- One-on-one spiritual counseling and support
- Weekly multifaith and interdenominational prayer and meditation services
- Bible study groups
- Support groups
- Lifecycle events
- Holiday rituals and observances
- Blessings and sacraments
- Exploration of religious history and practices
- Ethical guidance and advice



## When to reach out to us.

Wherever you are on your spiritual and emotional journey, the Lenbrook Spiritual Wellness team is here to help you:

- Recognize that you are not alone
- Discover new meaning, hope and peace
- Celebrate milestones and observe holidays and traditions
- Explore or deepen engagement with religious practice and tradition
- Build community and connect with others from a specific faith
- Respond to life events and their repercussions
- Ease fears and face the burdens of a serious health diagnosis
- Make ethically guided treatment decisions
- Prepare for surgery or other medical procedures
- Grieve the loss of a family member or friend
- Understand and process the effects of trauma

Whatever your circumstances and needs may be, and however they may change, we welcome the opportunity to be with you on your journey.