Lenbrook Health Services

Live well. Be well.
Here you can.

Lenbrook

Care for your vibrant, engaged lifestyle.

Everything at Lenbrook is designed to help residents feel their best and live their optimum life. That's why you'll find such a wide array of health and wellness opportunities on our campus.

The Clinic

Lenbrook Residents have access to excellent health information and guidance through our on-site Clinic. Staffed by nursing professionals, The Clinic supports residents with the following services:

- Vital signs checks
- Medication management
- Symptom consultations
- Communication with your primary care physician via our nurse liaisons
- Recommendations, referrals, and appointment setting
- Routine lab and mobile X-ray services
- Immunization clinics
- Emergency Response Service
- Ancillary medical providers including an ophthalmologist, audiologist, podiatrist, and dentist (on-site periodically)

We encourage residents to participate in an annual health assessment to ensure that they access the supportive services that allow them to live their best lives at Lenbrook.

Residents who need extra support enjoy preferred access to *Menders by Lenbrook's* Registered Nurses (RNs) and Certified Nursing Assistants (CNAs), all of whom specialize in the unique needs of seniors. Personal and/or home care services range from bathing and dressing to meal preparation, light housekeeping, and companionship.

For more information, visit mendersbylenbrook.com.

Assisted Living

When residents need assistance with activities of daily living — bathing, dressing, eating — they may choose to move to the Assisted Living Center with priority access and a discounted rate.

Residents in the Assisted Living Center enjoy access to nearby dining and activity spaces, an outdoor garden area and all the other wonderful amenity spaces on the Lenbrook campus. Residents have their own one-bedroom suite including kitchenette, living room, and private bedroom with walk-in closet. The comprehensive monthly fee includes all utilities, daily housekeeping, 24-hour assistance with activities of daily living, medication management, activities, three meals a day plus snacks, and more.

Lenbrook's Assisted Living Center allows residents to feel at home and make independent choices in their daily lives.

Health Care Center

Should a resident need extra support for short-term or long-term care, they have priority access to Lenbrook's fully Medicare-certified Health Care Center

"I am so grateful to know that, for the rest of m

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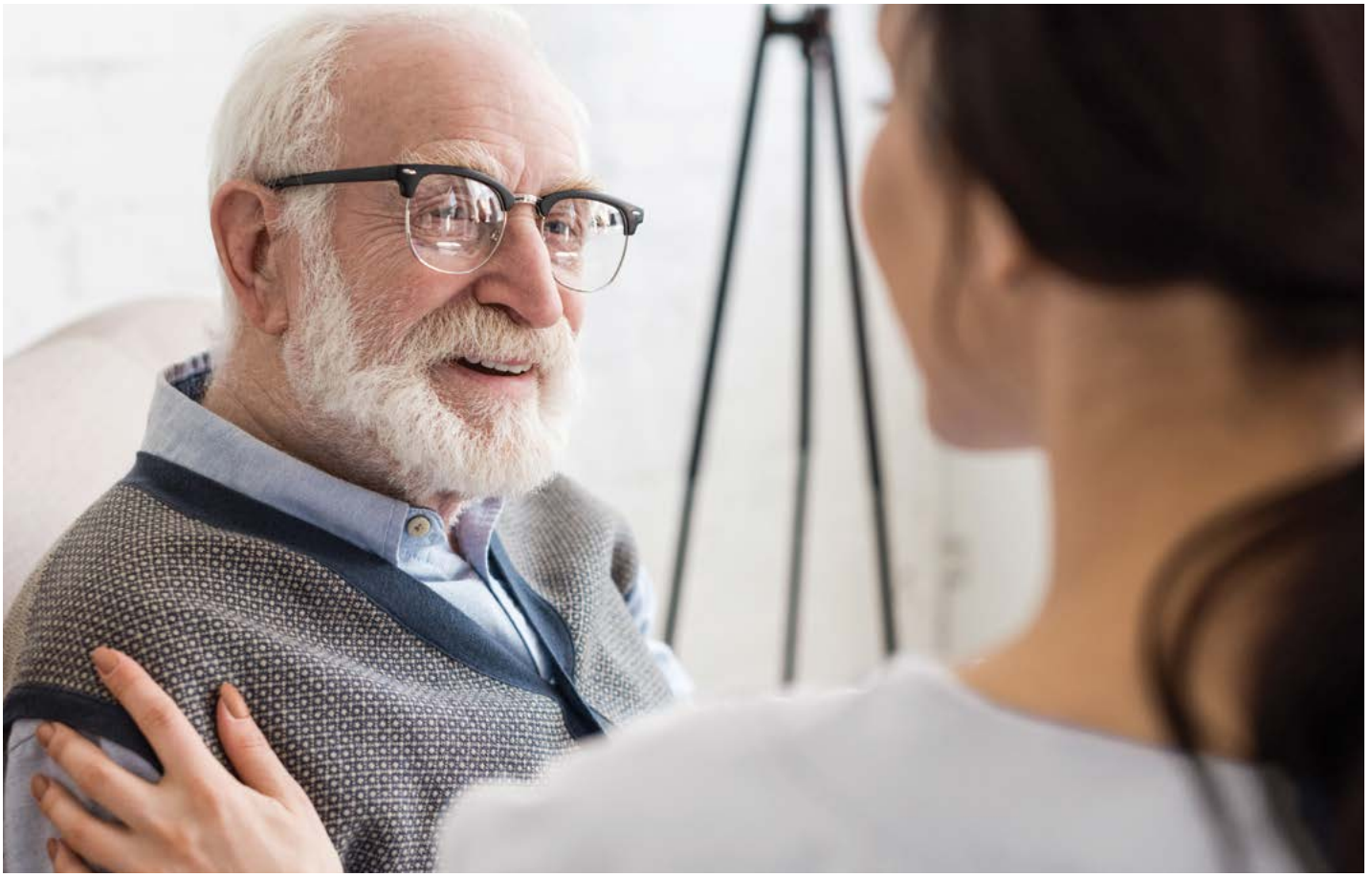
which offers three specialized areas of care: rehabilitation services, memory support, and long-term care. In addition to access to inpatient Medicare services provided on-site, Lenbrook residents also receive an annual 60-day health care benefit and discounted rates.

y life, I have access to such a holistic and being safe and independent."

—Cecy J., Lenbrook Resident

Lenbrook's on-campus Medicare-certified Health Care Center gives residents priority access to inpatient rehabilitation services. Personalized therapy plans are based on individual capabilities and goals. Residents can continue their progress through post-rehab in the Fitness Center with a personalized exercise program.



Long-term care and support

Residents who require long-term care and memory care support services can enjoy a seamless move to a specialized residence in our Health Care Center. Supervised by our medical director and board-certified geriatrician, our long-term care and memory care services are designed to provide comfort and healing with services and amenities that include:

- Access to Medicare-certified inpatient rehabilitation services
- Access to licensed physical, occupational, and speech therapists
- Access to support provided through *Menders by Lenbrook*
- Skilled nursing services available 24/7
- Medication and treatment administration
- Pharmacy and laboratory services
- Access to social services and discharge planning for support
- Dietitian-directed, chef-prepared meals and snacks
- Dining room, activity space, and outdoor terrace
- Access to Lenbrook campus activities and amenities
- Regularly scheduled social, fitness, and educational activities
- Fully furnished room with personalized décor
- All utilities including high-definition cable television, Wi-Fi, and landline telephone service
- Daily housekeeping
- Weekly laundry service

More services. More support.

LIVE — Supportive Services

Our team of professionals is here to support residents with guidance and support through life's transitions, including educational opportunities and referrals to quality service providers.

Spiritual Wellness support

Our non-denominational chaplains provide trusted, confidential resources to Lenbrook Residents and their families.

Hospice services

When residents and their families find themselves facing end-of-life circumstances and situations, Lenbrook's established relationships with leading hospice providers ensure helpful, knowledgeable support and assistance.

The care and peace of mind you need, all on one campus.

Lenbrook supports residents at every stage of their health journeys. We offer preventative wellness programs through our Medicare-certified on-site Clinic, Fitness Center, and through other community activities. If the need arises, residents may choose to bring care into their homes at Lenbrook, move to the Assisted Living Center, access short-term rehab, or receive long-term care through our Health Care Center.

Call 404-264-3386 or visit lenbrook-atlanta.org today to learn more about comprehensive health services at Lenbrook.

Lenbrook

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